

# *St. Francis Xavier Parish Ministry Resource Guide 2016-2017*

Welcome! Within these pages, you will find the following: 1) A list of the ministries, organizations and resources available through St. Francis Xavier Parish and 2) Many opportunities for you to share your time and talent throughout the community.

For more information about a specific program, organization, or to become more deeply involved in a particular category, please connect with the contact person listed. A webpage for each ministry can be found on our parish website: [www.sfxlg.org](http://www.sfxlg.org).

Ministries & Organizations are grouped into 4 general categories: Spirituality/Worship; Parish Life; Human Concerns, and Education & Formation. For any additional information, please contact:

Kate DeVries  
Director of Pastoral Ministries  
708-352-0168  
[kdevries@sfxlg.org](mailto:kdevries@sfxlg.org)

Mary Freeman  
Director of Community Outreach  
708-352-0168  
[mfreeman@sfxlg.org](mailto:mfreeman@sfxlg.org)

*Thank you for sharing your gifts!*

## *Spirituality/Worship*

### **Altar Committee**

**Contact: Lorraine Ovnik**  
708-246-6062

This committee sets up and cleans up the altar space after weekday and Saturday masses.

*Volunteer Time Commitment – Those who attend daily or Saturday mass could easily assist with this committee as often as you are able.*

### **Altar Servers**

**Contact: Missy Westerhoff**  
[sfxinlg@sfxlg.org](mailto:sfxinlg@sfxlg.org) / 708-352-0168

Seventh and eighth grade students from both the SFX Day School and the School of Religious Education are eligible to be altar servers. Girls and boys may serve. Before starting as an altar server, students must attend training sessions.

*Volunteer Time Commitment - varies*

### **Art & Environment**

**Contact: Celine Heraty**  
[celine.heraty@cbexchange.com](mailto:celine.heraty@cbexchange.com) / 708-261-5742

This committee is responsible for creating a mood or atmosphere that helps make our worship space a suitable place for liturgy. Through color, texture and design, a sense of warmth and hospitality is achieved, making St. Francis Xavier an inviting place for all worshippers.

*Volunteer Time Commitment – varies. Advent and Lenten preparations take about three hours to set up. Christmas is slightly longer because of decorating the tree. There are many hands needed during Holy Week.*

*“We, the community of St. Francis Xavier Catholic Parish, wholeheartedly live and celebrate the Gospel of Jesus Christ. We commit ourselves to live in communion with God, others, and all of creation to create a more just world through sacraments and worship, learning and service.”*

**Bereavement Ministry****Contact: Donna Mulvenna**  
donnamulvenna@att.net / 708-352-1825

The Bereavement Ministry of St. Francis Xavier Parish is made up of generous and caring men and women who have made the commitment to accompany their fellow parishioners through the journey of grief.

*Volunteer Time Commitment - Ministers of Consolation are available during the evening and morning hours to attend wakes and funeral liturgies, as well as occasional training and formation sessions.*

**Children's Liturgy of the Word****Contact: Terri Simeoni** Religious Education Coordinator  
tsimeoni@sfxlg.org / 708-352-4555

Children's Liturgy of the Word Reflectors work with the children at the Saturday 5:00 p.m. mass to present and interpret the Gospel in a special way. Shepherds assist the Reflectors. Reflectors and Shepherds escort children (through Grade 4) to the rectory, and follow a format of prayer, readings, and discussion until after the petitions, when they return to church. There is always enthusiastic participation on the part of the children.

*Volunteer Time Commitment - The time commitment is minimal. A Reflector and his/her accompanying Shepherds are scheduled once every 4 or 5 weeks (October through April only). Usually ½ to 1 hour will be needed to study the provided readings and background information, and to develop a plan for the reflection with the children.*

**CRHP (Christ Renews His Parish)****Contact: Missy Westerhoff** sfxinlg@sfxlg.org / 708-352-0168  
**Therese Byrne** tebtjb@msn.com

The next Christ Renews His Parish Women's Retreat will take place on February 11-12, 2017. Please consider sharing faith with other women from SFX at this uplifting weekend of reflection. See the website for future CRHP retreats.

*Volunteer Time Commitment - Participants at one retreat are invited, but not required to help plan the next.*

**Eucharistic Ministers****Contact: Dave Sherman** d2rsherman@aol.com  
**George Rutkowski** grutkowski@aol.com

Eucharistic Ministers are lay persons mandated to assist the priests in distributing the Eucharist at Mass. (High School age and above)

*Volunteer Time Commitment - Eucharistic Ministers serve at mass according to a published schedule. On average, ministers serve two times per month.*

**Funeral Sacristans****Contact: Missy Westerhoff** sfxinlg@sfxlg.org / 708-352-0168  
**Tom Carroll** thmcarr@ameritech.net / 708-562-8910

Funeral Sacristans are special "on-call" adults who serve both as sacristan and altar server, and set up for the Funeral Masses.

*Volunteer Time Commitment - Funeral Sacristans are needed with 1-3 day notice, usually for about 2 hours in the morning.*

**Greeters****Contact: Kate DeVries** Director of Pastoral Ministries  
kdevries@sfxlg.org / 708-352-0168  
**Mary Joscelyn** marytjos@sbcglobal.net / 708-352-1809

Greeters are some of the first people to welcome parishioners and visitors to our weekend liturgies. It is a ministry of hospitality.

*Volunteer Time Commitment - Greeters arrive 15-20 minutes before each scheduled mass in order to welcome those who attend. They serve at a mass time of their choice, as their schedules allow.*

**Lectors****Contact: Susie Lehuta**  
lehutams@yahoo.com / 708-354-6380

Lectors read the scripture selections for the weekend liturgies. (High School age and above)

*Volunteer Time Commitment - Scheduled based on need and availability at the mass time you select. As often as you are able. One time training session is required.*

**Liturgy Planning****Contact: Marie Ann Barry**  
mab3042@aol.com / 708-354-3042

Six teams of 4-6 parishioners do seasonal and weekly liturgy planning. We are representative of all who sit in the pews on a Sunday; our focus is on practical, real-life applications of scripture. Teams meet to reflect on the scriptures for their assigned Sunday. Based on that reflection, notes are written for homilists' consideration, prayers are selected or written, general intercessions are written, and an ordo form is submitted. Representatives of each team and the parish staff do seasonal planning for Advent, Christmas, Lent and Easter. We welcome the opportunity to take time out of our busy lives to reflect, pray and share our thoughts. We are pleased to serve the parish in this way.

*Volunteer Time Commitment - An annual planning schedule is prepared. Teams meet every six weeks, at a time and place of their choosing. Meetings are 90 minutes long, in addition to advance preparation and reflection, post-meeting writing, and organization of the ordo.*

**Ministers of Care****Contact: Fr. Bill Killeen** Associate Pastor

bkilleen@sfxlg.org / 708-352-0168

**Donna Mulvenna** donnamulvenna@att.net / 708-352-1825

Trained and certified Ministers of Care in our parish bring the gifts of Eucharist and companionship to those living in nursing homes, the permanently homebound, and parishioners who are patients in our local hospitals. Their visits to those who are unable to attend liturgy at church allow these parishioners to remain connected to the parish community in the sharing and celebration of the Eucharist-Jesus present in all of our lives.

*Volunteer Time Commitment – variable and can range from 1 hour per week to 3 hours per month. Initial training consists of 10 hours of preparation sessions.*

**Music Ministry****Contact: Allen Sterwalt** Director of Music Ministry

asterwalt@sfxlg.org / 708-352-0168

Singers and instrumentalists of all ages come together to worship the Lord through music. It's a hands-on desire for spiritual growth through community that brings people to this special ministry. We sing with one another and with the parish community in hopes that the Holy Spirit may be found and heard in each one of us. There are numerous opportunities for people of all ages to serve: Cantors, Celebration Ensemble, Gallery Choir, Men's Schola, Resurrection Choir, Spirit Choir, Cherub Choir, SF Choristers, and Instrumentalists.

*Volunteer Time Commitment – varies. Please visit the Music Ministry page on the parish website (sfxlg.org) for rehearsal schedule.*

**Sunday Sacristans****Contact: Steve Eaton**

stevenfeaton@gmail.com

The sacristan carefully arranges the liturgical books, the vestments, and other things necessary in the celebration of Mass. This person undertakes the overall preparation of liturgical celebrations, including all that is needed for special days, such as Ash Wednesday and Palm Sunday.

*Volunteer Time Commitment – Sunday Sacristans are scheduled on a rotating basis.*

**Taizé Prayer****Contact: Allen Sterwalt** Director of Music Ministry

asterwalt@sfxlg.org / 708-352-0168

Taizé Prayer is hosted on the second Friday of each month at 7:30 p.m., alternating location between St. Francis Xavier and Grace Lutheran Church (one block east). Music, both voice and instrumental, participation opportunities are available as well as greeters and people to help set up.

*Volunteer Time Commitment – once a month.*

**Ushers****Contact: Joe Discipio**

jadiscipio20@att.net / 708-482-8975

The primary role of an usher is to greet people as they enter the church. In addition, ushers will seat at mass, select individuals/families for the procession of gifts, collect offerings, assist with seating those who require additional assistance, and distribute bulletins.

*Volunteer Time Commitment – Monthly rotation at a mass time you request. Ushers are required to be punctual and time conscious, as they need to be at church earlier than the rest of the congregation.*

**Wedding Ministry****Contact: Rosemary Lucas**

lucasrosemary@sbcglobal.net / 708-352-0621

Do you want to be part of our greatest Sacrament of unity and love? We serve in teams of two, assisting at wedding ceremonies, arriving one hour prior to the scheduled start time. Duties vary, and range from answering questions guests have about the history of the church building to helping with last minute details. We assist various participants of the wedding (i.e. Florist, Musician, etc.), including lining up the wedding party for the opening procession. Team members who are Eucharistic Ministers may also help distribute communion.

*Volunteer Time Commitment – Approximately two and one half hours per wedding, with an average of 8 assignments per year, always working in pairs. Join us and we'll provide guidance and training in this important Service Ministry of our Parish.*

## *Parish Life*

**Baptismal Banners****Contact: Cari Pajauskas**

cpajauskas@yahoo.com / 773-412-5856

Members of this ministry make all the baptismal banners for parish baptisms. Each baptismal banner is a special keepsake for the family.

*Volunteer Time Commitment – varies according to the number of children being baptized, but requires all shopping for items, cutting, sewing, gluing and delivery of banners on a monthly or sometimes weekly basis.*

**Boy Scout Troop 33**

**Contact: John Havenaar** Troop Scoutmaster  
 jjhavenaar@sbcglobal.net / 630-254-9779  
**Pam Titzer** Committee Chairperson  
 pamtitzer@sbcglobal.net / 708-280-7096

BSA helps young people builds character, learn the responsibilities of citizenship, and develop physical fitness. Involvement in BSA combines educational activities and lifelong values with fun. The Boy Scouts of America believes that helping youth is key to building a more conscientious, responsible, and productive society. Troop 33 at St. Francis Xavier Church is sponsored by the SFX Men's Club.

*Volunteer Time Commitment - we have weekly Thursday night meetings from 7:30-8:30pm in Joyce Hall and have monthly outings (e.g. campouts and activities). Any adult that is willing to assist with the Boy Scouts is encouraged to volunteer. No previous scouting experience is required.*

**Catholic Women's Club**

**Contact: Lauren Fay** President  
 laurenfay@mac.com

All women over the age of 21 who are registered parishioners are in the SFX Catholic Women's Club. Our purpose is to welcome new women into the parish, provide spiritual and social activities for members, encourage participation in parish life, and promote charitable and humanitarian projects on behalf of SFX.

*Volunteer Time Commitment - varies with particular activities. You are welcome to become as involved as your schedule allows.*

**Cub Scout Pack 33**

**Contact: Brian Lisek**  
 brian.lisek@me.com

We offer outstanding growth experiences for boys by preparing them to make ethical and moral choices over their lifetimes - instilling in them the values of the Scout Oath and the Scout Law. Details about Cub Scout Troop 33 can be found at [sfxcubscoutpack33.wixsite.com/ourwebsite](http://sfxcubscoutpack33.wixsite.com/ourwebsite).

*Volunteer Time Commitment - We have several adult leadership positions that need to be filled. Commitment varies from 6 to 40 hours/year.*

**Edythe Gardening**

**Contact: Beth Brace**  
 beth.brace@gmail.com / 708-352-9380

In memory of the many years of gardening and beautification work done by Edythe Skokna, this group aims to beautify the church grounds by creating and maintaining seasonal baskets, refreshing planters, and caring for all plantings on the church grounds.

*Volunteer Time Commitment - any and all "green thumbs" are invited to help in any way they can, any or all seasons of the year.*

**EnlightIN**

**Contact: Jeanine Kupec**  
 jeanine.kupec@comcast.net / 708-369-1603

SFX has formed a staff-parishioner communications team to enhance the frequency and format of communications within the parish. The EnlightIN Team's purpose is to invite and capture participation in parish life and preserve parish history. People of all ages and skill levels are invited to help with general support, Web and Facebook pages, photography, interviews, writing, and video editing.

*Volunteer Time Commitment - meets 2nd Saturday of each month at 9:00 am*

**Girl Scouts of SFX**

**Contact: Therese Byrne** School Coordinator  
 tebtjb@msn.com / 708-588-0845

Saint Francis Xavier Girl Scouts is an organization dedicated to living by the Girl Scout promise and law while encouraging girls to build self confidence by trying new activities. One of our more popular activities is selling cookies! We have troops at the Daisy, Brownie, Junior and Cadette levels. There are opportunities for adult troop leaders or cookie managers.

*Volunteer Time Commitment - varies depending on troop and responsibility*

**Mary Garden**

**Contact: Beth Brace**  
 beth.brace@gmail.com / 708-352-9380

This special prayer space on the East side of the church is cared for and maintained by a team of volunteers. Additional assistants are needed for a variety of tasks at occasional times during the year.

*Volunteer Time Commitment - any and all "green thumbs" are invited to help in any way they can, any or all seasons of the year.*

**Men's Club**

**Contact: Mark Gies**  
 mark@vendrite.com

The Men's Club is an organization of adult male members of St. Francis Xavier Parish whose purpose is to enhance the spiritual and social life of its members, while providing support to various organizations of the parish and our local community. The SFX Men's Club helps sponsor BEDS, Boy Scouts Pack #33, Cub Scouts Pack#33, Food Pantry, Girl Scouts, Habitat for Humanity, SFX Athletics, along with many other activities.

*Volunteer Time Commitment - meets the 2nd Tuesday of every month, 7:30pm. Social and Spiritual events are scheduled throughout the year.*

**Moms and Tots****Contact: Margaret Keenan**  
mkeenan@keenanhomes.com

Join other moms in the parish with their children (birth to Kindergarten) in social activities, building community and supporting each other in this new, exciting, and often challenging time.

*Volunteer Time Commitment - join us Wednesday mornings for playgroup, outing, speaker series and periodically throughout the year for special events. Check the bulletin or our website(sfxlg.org) for updates and more information.*

**Office Helpers****Contact: Missy Westerhoff**  
sfxinlg@sfxlg.org / 708-352-0168

Lunch time coverage Monday, Tuesday, Wednesday, Thursday, or Friday. Come in for 1 hour at lunch time to cover phones and the office reception area.

*Volunteer Time Commitment - 1 hour/ weekday as needed.*

**Retired Men****Contact: Tom Carroll** thmcarr@ameritech.net / 708-562-8910  
**David Grimes** daveaca@att.net / 708-354-7586

This group offers an informal monthly gathering of retired men of the parish. Its mission is educational, social and spiritual.

*Volunteer Time Commitment - monthly meetings and gatherings are 1-2 hours in length.*

**Senior Women****Contact: Beth Olson** supper22@sbcglobal.net / 708-703-1658  
**Marge Schwendner** mmsnana3@yahoo.com

All senior women are welcome. The luncheon requires a reservation with a fee. The meetings are announced in the church bulletin and a reminder is sent by mail.

*Volunteer Time Commitment - we meet 4 times a year, 3 in the east rectory meeting room with a speaker of interest. The 4th meeting is a spring luncheon.*

**Welcome Committee****Contact: Kate DeVries** Director of Pastoral Ministries  
kdevries@sfxlg.org / 708-352-0168

Our goal is to welcome new parishioners by presenting them with an information folder, making a phone call to answer any questions and helping them to connect to any other ministry or group that may interest them. We also plan occasional social events to specifically welcome new parishioners.

*Volunteer Time Commitment - help make calls and plan simple get-togethers as needed.*

**Young Adult Ministry****Contact: Kate DeVries** Director of Pastoral Ministries  
kdevries@sfxlg.org / 708-352-0168

Young Adults - 20s and 30s, married and single - gather periodically for social, serious, spiritual and service events. Young Adults volunteers are needed to help plan and host upcoming events for their peers.

*Volunteer Time Commitment - varies.*

**Youth Ministry****Contact: Fr. Bill Tkachuk** Associate Pastor  
wtkachuk@sfxlg.org / 708-352-0168

Here at St. Francis Xavier Parish, we are excited about our ministry to our high school age parishioners. This highly energetic ministry allows opportunities for youth to develop relationships with adults in the context of youth and parish. Out of these relationships we envision the possibility of faith development, community building, mentoring, and of course, fun. Freshmen, Sophomores, Juniors, and Seniors are encouraged to actively participate in all ministries at the 6:00 pm Sunday Liturgy and as Lectors or Eucharistic Ministers at all weekend masses.

*Volunteer Time Commitment - varies.*

## *Human Concerns*

**BEDS PLUS****Contact: Erin Molek** Volunteer Coordinator  
volunteer@beds-pluscare.org / 708-354-0858 ext. 3

BEDS PLUS (Building Ecumenical Discipleship through Sheltering) is a non-profit agency that helps homeless individuals obtain stable, affordable housing and provides a continuum of professional support services including emergency overnight shelter.

*Volunteer Time Commitment - Shelter Site Volunteers work a 4-hour shift, once a month. Laundering linens for 30-40 clients, once a month. Cooking dinner and providing breakfast for 30-40 clients, once a month. SFX is the Monday evening site.*

**Community Nurse Health Center**    **Contact: Joan Metz** (Volunteer Services)  
jmetz@communitynurse.org / 708-579-2403

Community Nurse, located at 23 Calendar Ave. in La Grange, is the local non-profit community health center. Services include integrated medical care, including prenatal and obstetrical care, dental services, behavioral health assessment, psychiatry and nutrition counseling care for low-income adults and children.

*Volunteer Time Commitment - See website (communitynurse.org) for volunteer opportunities including at The Community Shop resale shop and with special projects such as Secret Santa program. Donations of accepted items are listed on the website, as well as information regarding pick-up policies for larger furniture items.*

**Domestic Violence Outreach**    **Contact: Denise Carlson**  
denise.o.carlson@gmail.com / 708-309-2054

The Domestic Violence Outreach Ministry formed in 2012 after hearing Fr. Dahm, pastor of St. Pius Church, speak about domestic violence. We strive to bring awareness to this growing problem that represents all ethnicities, incomes and education levels. We partner with St. Cletus and St. John of the Cross parishes.

*Volunteer Time Commitment - We meet once every two months, and give special attention to October, which is Domestic Violence Awareness Month.*

**Family Outreach Ministry**    **Contact: Ana Dimailig**  
apd3@core.com / 708-482-8467

The Family Outreach Ministry is designed for families to teach children and model the gift of stewardship. Throughout the year different outreach opportunities are offered so that together you and your children can be God's hands and feet in our community.

*Volunteer Time Commitment - Each event is about a two hour commitment.*

**Food Pantry**    **Contact: Mary Freeman, Food Pantry Coordinator**  
mfreeman@sfxlg.org / 708-352-0168

The Pantry's mission is twofold: (1) to provide supplemental nutritious food assistance to those in need in a safe, respectful and prayerful environment and (2) to partner with our community to support the pantry through food drives and volunteer opportunities.

*Volunteer Time Commitment - Monday and Tuesday mornings and special projects as needed. Donations are always welcome.*

**Habitat for Humanity**    **Contact: Bill or Janet Stauffer**  
wcstauffer@sbcglobal.net / 708-352-1521

The SFX Habitat for Humanity ministry helps to build affordable housing for low income families in Clarksdale, Mississippi. In the process of fulfilling this ministry, SFX parishioners have an opportunity to meet and work with future homeowners.

*Volunteer Time Commitment - Volunteers spend one week in Clarksdale during the summer months. We leave SFX early on a Saturday morning and return the following Friday.*

**Helping Hand Center**    **Contact: Carolyn Kline**  
carolyn.kline@hhcenter.org / 708-352-3580 ext. 280

Helping Hand is a nonprofit organization serving hundreds of children and adults with disabilities in Cook County and Chicagoland communities. Their mission is to assist persons with disabilities to achieve their highest level of independence through quality programs and services. Children's Services is located at 9649 W. 55th Street, Countryside and Adult Services is located at 6160 East Avenue, Hodgkins.

*Volunteer Time Commitment - varies. Volunteers will support residents at 2 group homes with activities throughout the year.*

**Interfaith Committee for Detained Immigrants**    **Contact: Maureen Lang**  
mrplang4@sbcglobal.net / 708-784-3090

Interfaith Committee for Detained Immigrants invites us to be in solidarity with those affected by the immigration detention and deportation system and to work for more just immigration policies.

*Volunteer Time Commitment - Friday prayer vigil or rosary 7-7:45am at Broadview Detention Center 1930 Beach Street, Broadview, IL for those being deported that day. Other programs include Pastoral Care at McHenry County Jail and Kenosha County Detention Center for trained clergy and lay leaders, Post Detention Accompaniment Network, including 2 Houses of Hospitality and Court Watch Program.*

**Interfaith Community Partners**    **Contact: Janet Garreau** Executive Director  
jgarreauicp@gmail.com

Interfaith Community Partners is a coalition of 13 local churches (including SFX) that trains volunteers who provide services to older adults. These services include assisted transportation, friendly visitation, telephone reassurance and caregiver support groups.

*Volunteer Time Commitment - varies; assisted transportation happens as needed, and includes everything from drive time and drop off, to assistance getting into and during an appointment. Friendly visitation occurs twice monthly, for a total time commitment of 1 hour.*

*Volunteers also needed for Share A Meal/Share A Story Program to visit a senior and bring a meal for a 30-60 minute visit.*

**Kitchen Angels****Contact: Susie Lehuta**

lehutams@yahoo.com / 708-354-6380

Kitchen Angels reach out to those in need by offering a home-cooked meal. When the parish is made aware of the fact that an individual or family could be helped with one or several meals, a volunteer will contact you to see if you could prepare a meal in the coming week, on an evening that fits your schedule. Everyone has a favorite dish... share one with someone in need!

*Volunteer Time Commitment – On average, volunteers are called to supply one meal every 3 months based on requests.*

**Knights of Columbus****Contact: Mike Hattie** michaelhattie@sbcglobal.net / 708-207-2780**Joe Discipio** jadiscipio20@att.net / 708-482-8975

The Knights of Columbus is the largest Catholic family fraternal organization in the world. It provides an opportunity for the men of the parish to deepen their faith, while it offers support for families and involvement in community service.

*Volunteer Time Commitment – Voluntary monthly business meetings along with voluntary monthly social and service events.*

**Peace and Justice****Contact: Sr. Marlene Schemmel, CSJ**

mschemmel@csjoseph.org

Peace and Justice Ministry carries out the teachings of Jesus in the Sermon on the Mount; to work for peace and justice in our community, the world and on behalf of all creation; to involve the parish and the broader community in this mission; and to create awareness through education, dialogue and action. This year's focus: gun violence.

*Volunteer Time Commitment – Meets on the first Wednesday of each month, 7:15-8:30pm in the rectory.*

**Prayer Shawl Ministry****Contact: Sarah Zavala** sarahsmiles17@yahoo.com**Barbara Szulc** baszulc@aol.com

The Prayer Shawl Ministry is rooted in the person of Jesus—who was sensitive to the vulnerable at all stages and from every walk of life. Its purpose is derived from his gospel mandates of the Sermon on the Mount, and in Jesus' own lived example of the importance and power of prayer. Ways to become involved include knitting/crocheting, donate supplies, make a monetary contribution for supplies, delivering shawls, learn to knit/crochet to make shawls, and praying for all involved.

*Volunteer Time Commitment - meets in the rectory on the 4th Wednesday of each month, 7-9pm.*

**St. Vincent DePaul Society****Contact: Paul Saladino**

paulsaladino@comcast.net / 708-352-0168

Vincentians are united in an international society of charity by their spirit of poverty, humility and sharing, which is nourished by prayer and reflection, mutually supportive gatherings and adherence to a basic Rule. Locally, the St. Vincent de Paul Society helps individuals and families address the needs and requirements of everyday life: food, clothing, shelter.

*Volunteer Time Commitment – We meet on the first Monday of each month from 7:00-8:00pm in the rectory. In addition to the meetings, approximately 2 hours every other month is required to help those in need.*

## *Education & Formation*

**Adult Faith Formation****Contact: Kate DeVries** Director of Pastoral Ministries

kdevries@sfxlg.org / 708-352-0168

As we continue to age and encounter new life experiences, we are constantly being called to examine our relationship with God and to grow as disciples of Christ. St. Francis Xavier Church offers a number of opportunities for parishoners of all ages to participate in forming their faith through Bible study, Small Faith Groups, prayer and reflection.

*Volunteer Time Commitment – Adult Faith Formation Volunteers are needed to help manage projects. Also seeking small faith group leaders and parish sponsors to accompany those in the RCIA process to parish activities. You are invited to share gifts as your time permits.*

**Baptismal Prep Team****Contact: Matthew and Kathryn Kanzer**

kkanzer@yahoo.com

The team leads the baptismal preparation classes for parents of babies about to be baptized and assists the priests behind the scenes with the baptism ceremonies. This rewarding opportunity is a great chance to welcome new babies to the parish and guide families through this special time.

*Volunteer Time Commitment – We provide training and "on-the-job shadowing" to all new volunteers. We meet as a group once or twice per year. We rotate responsibilities individually or couples between the classes (this requires 2 hours on the 4th Thursday evening of each month) and baptism ceremonies (2 hours on the 1st and 3rd Sunday afternoons of each month). Depending on the size of our group, this results in volunteering a couple of hours every month or two.*

**Confirmation Prep****Contact: Fr. Bill Tkachuk** Associate Pastor  
wtkachuk@sfxlg.org / 708-352-0168

Confirmation Prep begins with catechesis in the 7th and 8th grade religious formation program and concludes with the 1st year of the Quest Program and involvement in service activities and parish ministries.

*Volunteer Time Commitment - varies. New volunteers are sought each spring and summer.*

**Family & School Association****Contact: Colleen Olsen**  
Visit the Day School page at [www.sfxlg.org](http://www.sfxlg.org)

The St. Francis Xavier Family and School Association, better known as FSA, provides the supportive link between the families and the school. We are comprised of a Board of five couples, 40 different committees, and hundreds of volunteers. All Day School families are members of FSA.

*Volunteer Time Commitment - varies.*

**Quest****Contact: Fr. Bill Tkachuk** Associate Pastor  
wtkachuk@sfxlg.org / 708-352-0168

Quest is just one of many “access points” that help teens continue to grow and live in faith. The small Christian community aspect of Quest groups is what emboldens us to radically live the Gospel of Jesus Christ. Through these small groups, we hope teens continue to connect with one another and their community through service, social events, faith-based discussions, retreats and various other opportunities.

*Volunteer Time Commitment - varies. New volunteers are sought each spring and summer.*

**RCIA (Rite of Christian Initiation of Adults)****Contact: Kate DeVries**, Director of Pastoral Ministries  
kdevries@sfxlg.org / 708-352-0168

RCIA offers an opportunity for adults to become fully initiated into the Catholic Church through the Sacraments of Baptism, Confirmation, and Eucharist. Volunteers are needed to invite and accompany participants to parish events.

*Volunteer Time Commitment - As your schedule allows. The process goes from late September/early October until May. Some Sundays are also needed.*

**School of Religious Ed. & the Advisory Board****Contact: Terri Simeoni**, Religious Education Coordinator  
tsimeoni@sfxlg.org / 708-352-4555

The SFX Religious Education Advisory Board helps to support the families registered for Religious Education, the volunteer catechists and the RE Coordinator. Today, SFX has over 580 families in ten towns. There are 100+ catechists and several aides. During school hours for the Religious Education students, SFX parent and parish volunteers staff the safety enforcement posts.

*Volunteer Time Commitment - varies. The Advisory Board meets the first Monday of the month during the school year at 9:00am in the Rectory Courtyard Room.*

**SPRED (Special Religious Development)****Contact: Trudi Urchell**  
trudi.urchell@gmail.com / 708-352-8045

The goal of SPRED is for catechists and friends with special needs to form a community of faith in which everyone experiences the presence of God. We are committed to the belief that every person deserves an opportunity to grow in faith and to be part of our Church community. The SFX SPRED program is specifically designed as a journey in faith for young adults and adults. Children and adolescents are served at other local parishes.

*Volunteer Time Commitment - varies.*

# St. Francis Xavier Parish Community Outreach Guide 2016-2017

Guided by *Corporal Works of Mercy* and *The Seven Themes of Catholic Social Teaching*, St. Francis Xavier Parish strives to connect our community of faith with outreach opportunities beyond our parish ministries.



Visit the Sick  
Clothe the Naked  
Bury the Dead  
Give Drink to the Thirsty  
Visit the Imprisoned  
Shelter the Homeless  
Feed The Hungry

# Corporal Works of Mercy

## SEVEN KEY THEMES OF CATHOLIC SOCIAL TEACHING



**Bernie's Book Bank**  
**917 N. Shore Dr., Lake Bluff**

**Contact: [www.berniesbookbank.org](http://www.berniesbookbank.org)**  
**847-780-READ (7323)**

Volunteers needed to sort and bag new and gently used children's books for distribution to at-risk infants, toddlers and school-age children throughout Chicagoland.

*Volunteer Time Commitment - see website for on-line sign-up or to donate books.*

**Big Shoulders**

**Contact: Amelia Drozda**

[adrozda@bigshouldersfund.org](mailto:adrozda@bigshouldersfund.org) / 312-751-3850

Provide support to Catholic schools in the neediest areas of inner-city Chicago. Programs benefit the hardest working students, providing scholarships, special education and academic programs. Some of the ways to volunteer include cleaning schools and painting as well as mentoring, tutoring, and coaching students.

*Volunteer Time Commitment - varies by responsibility or project.*

**Caring Place**  
**200 Washington, LaGrange**

**Contact: Rev. Shawana McGee**

[caringplace4kids@hotmail.com](mailto:caringplace4kids@hotmail.com) / 708-354-2735

Caring Place provides a safe, adult-supervised space, homework assistance, and after school snack and a meal for underprivileged and special needs children.

*Volunteer Time Commitment - any amount of time is appreciated. Homework assistance 3-4pm for kindergarteners through 4th graders; dinner prep for 25 kids Mondays, Wednesdays and Fridays. Special Pre-Thanksgiving Dinner 11/20.*

**Challenger Baseball**  
**Park District of LaGrange**

**Contact: John Walsh**

[walsh546@sbcglobal.net](mailto:walsh546@sbcglobal.net)

The La Grange Little League Challenger Division enables boys and girls with physical and cognitive challenges, ages 5-18, or up to 22 years if still enrolled in high school, to enjoy the game of baseball. T-ball and coach pitch teams are established based on abilities, rather than age, and can include as many as 15-20 players. Most games are completed after two or three innings. Seven games are played from early May-mid-June.

*Volunteer Time Commitment - Each player has a buddy. Buddies are paired up with a player for each game to encourage the player at bat and in the field and assist when needed. Buddies (aged 10+) may assist for one game or the whole season.*

**Feed My Starving Children**  
**Aurora, Libertyville and Schaumburg, IL**

**Contact: [www.fmssc.org](http://www.fmssc.org)**

Feed My Starving Children (FMSC) is a Christian non-profit organization committed to feeding God's children hungry in body and spirit. The approach is simple: volunteers hand-pack meals specially formulated for malnourished children, and send them to partners around the world where they're used to operate orphanages, schools, clinics and feeding programs to break the cycle of poverty. FMSC food has reached more than 70 countries.

*Volunteer Time Commitment - 2 hour shifts for age 5 to adult. Can accommodate large groups.*

**Franciscan Outreach**  
**1645 W. LeMoyné St., Chicago**

**Contact: [www.franoutreach.org](http://www.franoutreach.org)**

Franciscan Outreach provides men and women experiencing homelessness with the critical services they need to improve their lives. To assist them as they strive to gain stability, security and independence, they provide meals, shelter, shower facilities, laundry services, mail services, access to health care and case management services.

*Volunteer Time Commitment - see website for volunteer opportunities and time commitment.*

**Greater Chicago Food Depository**  
**4100 W. Ann Lurie Place, Chicago**

**Contact: [www.chicagosfoodbank.org](http://www.chicagosfoodbank.org)**

**773-247-3663**

The Greater Chicago Food Depository (GCFD) is a nonprofit food distribution and training center providing food for hungry people while striving to end hunger in Chicago and throughout Cook County, Illinois.

*Volunteer Time Commitment - 2-3 hour packing sessions may be scheduled online at [www.chicagosfoodbank.org](http://www.chicagosfoodbank.org). Volunteer calendar is posted 4 months in advance. Volunteers earn \$5/hour in labor credits for our SFX Food Pantry. Please use Agency # A00419 when you register.*

**Honor Flight Chicago  
Midway Airport**

**Contact: [www.honorflightchicago.org](http://www.honorflightchicago.org)**

Welcome home WWII and Korean War vets at Midway Airport after day of honor in Washington, D.C. Flights are generally once a month April-October.

*Volunteer Time Commitment - see website for flight dates. Airport event usually lasts about 3 hours.*

**Pillars (Administrative Office)**

**333 N. LaGrange Ave, Ste 1, LaGrange**

**Contact: [www.pillarscommunity.org](http://www.pillarscommunity.org)**

**708-745-5277**

Pillars builds healthy communities by making connections and changing lives. Pillars services include: mental health, drug and alcohol addiction, domestic violence, sexual assault, child and family services, community housing and education and outreach.

*Volunteer Time Commitment - see website for volunteer opportunities, including preparing a meal for residents of Constance Morris House, a domestic violence shelter and volunteering at the Hope Chest, its upscale resale shop.*

**Ronald McDonald House**

**Contact: [www.rmhc.org](http://www.rmhc.org)**

Make, serve, and enjoy a meal with residents who have children receiving long-term medical care at Chicagoland hospitals. There are several houses around Chicagoland.

*Volunteer Time Commitment - see website for locations and volunteer opportunities.*

**Taller de José**

**2831 W. 24th Blvd., Chicago**

**Contacts: [www.tallerdejose.org](http://www.tallerdejose.org) / 773-523-8320 or**

**Joan Stopka [jstopka@tallerdejose.org](mailto:jstopka@tallerdejose.org) / 630-204-6928**

Taller de José is a sponsored ministry of the Congregation of St. Joseph. It is a community resource center offering accompaniment to people in need, connecting people to services and services to people.

*Volunteer Time Commitment – Varies - volunteers accompany people to appointments with social service organizations. Proficiency in Spanish is helpful.*

**Women's Care Center of LaGrange**

**47 S. 6th Ave., Suite 1, LaGrange**

**Contact: Laura Nelson, Executive Director**

**[www.pregnancychoices4me.com](http://www.pregnancychoices4me.com) / 708-352-5000**

Women's Care Center provides counseling and supportive services, including free pregnancy test and ultrasound as well as baby items for women facing an unplanned pregnancy.

*Volunteer Time Commitment - answer phones and organize donations. Receptionist shifts are 3.5 hours (9:45am-1:15pm or 1pm-4:30 or 5pm) Tues-Fri or Sat mornings weekly for a minimum of 2x per month.*

## Ministry Time Commitment

MINISTRY/ORGANIZATION		Scheduled Commitment	Weekday	Weekend	Morning Hours 7-11am	Day Hours noon-4pm	Evening Hours 5-10pm	Hours Vary	Flexible Schedule	Flexible Attendance (drop in)	Regular Meetings	Special Events	Talent Needed	Traning Provided	Men Only	Women Only	Youth	
Spirituality/Worship	Altar Committee	Weekly	X	X	X		X		X					X				
	Altar Servers	Weekly		X	X		X		X					X			X	
	Art & Environment	Seasonal						X										
	Bereavement Ministry	Varies	X		X		X	X						X				
	Children's Liturgy of the Word	Monthly						X						X				
	CRHP (Christ Renews His Parish)	Annual		X								X				X		
	Eucharistic Ministers	Bi-monthly	X	X	X		X		X			X		X			X	
	Funeral Sacristans	On call	X		X			X										
	Greeters	Weekly		X	X			X		X								X
	Lectors	Weekly	X	X	X			X		X					X			X
	Liturgy Planning	Monthly	X	X	X	X	X	X	X		X							
	Ministers of Care	Varies							X									
	Music Ministry	Weekly	X	X	X			X				X	X	X	X			X
	Sunday Sacristans	Weekly		X						X			X					
	Taize Prayer	Bi-monthly	X					X										X
	Ushers	Monthly		X	X			X		X								X
	Wedding Ministry	Varies	X	X			X	X					X		X			
Parish Life	Baptism Banners	Monthly						X				X		X			X	
	Boy Scouts Troop 33	Weekly	X					X			X	X					X	
	Catholic Women's Club	Varies										X				X		
	Cub Scouts Pack 33	Varies							X			X					X	
	Edythe Gardening	Seasonal	X	X	X	X	X	X	X	X			X					
	EnlightN	Monthly		X	X			X	X	X	X							
	Girl Scouts of SFX	Varies						X				X					X	
	Mary Garden	Seasonal	X	X	X	X	X	X	X	X			X					
	Men's Club	Monthly	X					X			X	X			X			
	Moms & Tots	Weekly	X		X						X	X	X					X
	Office Helpers	Varies	X			X		X	X						X			
	Retired Men	Monthly	X		X										X			
	Senior Women	Quarterly							X				X			X		
	Welcome Committee	Varies							X	X			X					
	Young Adult Ministry	Monthly	X					X	X		X	X	X					
	Youth Ministry	Varies							X	X			X					X
	Human Concerns	BEDS Plus	Monthly	X	X			X	X	X			X		X			
Community Nurse Health		Varies	X				X		X			X		X				
Domestic Violence Outreach		Bi-monthly						X			X	X					X	
Family Outreach Ministry		Varies		X		X		X	X			X					X	
Food Pantry		Weekly	X		X				X			X		X			X	
Habitat for Humanity		Annual						X				X		X			X	
Helping Hand Center		Varies	X	X		X	X	X	X			X		X			X	
Interfaith for Detained Immigrants		Varies	X		X							X					X	
Interfaith Community Partners		Varies	X		X	X		X	X			X		X			X	
Kitchen Angels		Varies	X			X	X	X	X									X
Knights of Columbus		Monthly	X			X	X	X		X	X	X			X			
Peace and Justice		Monthly	X					X			X	X						X
Prayer Shawl Ministry		Monthly	X					X			X	X	X	X				X
St. Vincent DePaul Society		Monthly	X					X	X		X							
Education & Formation		Adult Faith Formation	Varies	X	X			X	X	X	X		X					
		Baptismal Prep Team	Monthly	X	X				X	X		X	X		X			
		Confirmation Prep	Monthly										X		X			
	Family & School Association	Varies	X					X		X		X						
	Quest	Varies		X				X			X	X					X	
	Rite of Christian Initiation of Adults	Varies	X	X	X			X	X		X	X						
	School of Religious Ed & Board	Monthly	X		X					X	X							
SPRED (Special Religious Development)	Varies										X					X		